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## *When the Inability to Conceive Challenges Our Faith*

**F**or many, parenthood is a lifelong dream. But for an estimated 10 percent of married couples around the world, the dream is not so easily achieved. And for some, parenthood never becomes a reality.

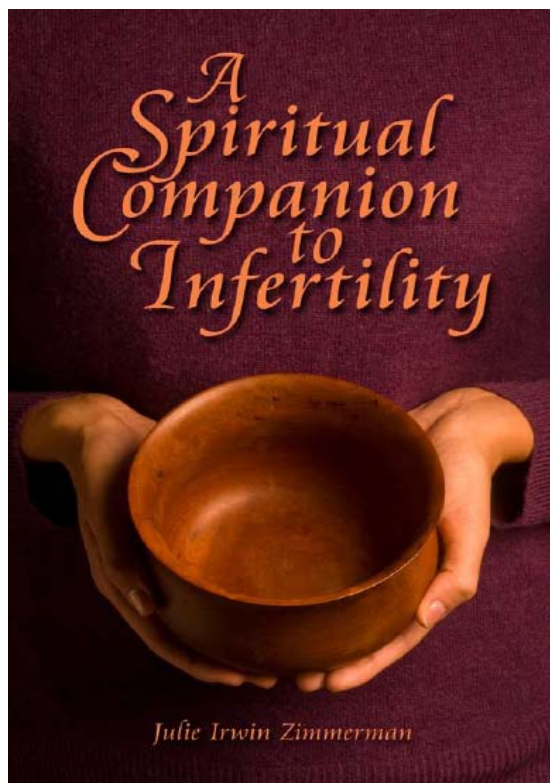
In *A Spiritual Companion to Infertility*, author Julie Irwin Zimmerman views the challenge of infertility not only as a physical condition, but as an opportunity for spiritual growth. This book addresses issues such as:

- Infertility
- Miscarriages
- Secondary Infertility
- Step-parenting
- The Morality of Treatment
- Moving On
- Adoption
- Deciding to Live “Childfree”

Zimmerman walks readers through the sometimes overwhelming array of options available to infertile couples, and weighs the opinions of the Catholic Church and other Christian denominations against varying points of view on modern methods of conception. And if a couple decides treatment is not for them, there are chapters devoted to the adoption process—which Zimmerman has been through as well—and to those couples who, in the end, decide to live not “childless” but “childfree.”

Each chapter concludes with Scripture quotations and prayers for reflection.

*A Spiritual Companion to Infertility* also includes a bibliography and an excellent list of infertility resources, making this book ideal for support groups or for anyone on the spiritual journey of infertility.



**A SPIRITUAL COMPANION TO INFERTILITY**  
**Julie Irwin Zimmerman**  
192 pages, paperback, \$12.95  
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JULIE IRWIN ZIMMERMAN is a journalist and a regular contributor to *Cincinnati Magazine*. She is a former reporter for the *Chicago Tribune* and the *Cincinnati Enquirer*. A graduate of Northwestern University and the University of Chicago, she lives in Cincinnati with her husband and two children.

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